Ingredients & Allergens Menu Pendolino Weekday First Class Ingredients & Allergens Menu from 3rd December 2025

Breakfast

Tomatoes (19.6%) [Tomatoes], Paris Brown Mushrooms (17.2%)

The Great British Breakfast

on (21.196) [Pork (8796); Water; Salt; Antioxidant: E301;

[Chestnut Mushrooms], Bird Bros Medium EGGS (14%) [EGG], Pork and Parsley Sausage (13.7%) [Pork(61%), Water, Rusk (WHEAT Flour (calcium Carbonate, Iron, Niacin, Thiamin), Salt), Seasoning [salt, Dextrose, WHEAT Flour (calcium Carbonate, Iron Niacin, Thiamin), Stabiliser. E451, Preservative: E221 SULPHITES), Flavour Enhancer: E621, Spices (white Pepper, Black Pep Cayenne Chilli), Flavourings (SULPHITES), Yeast Extract, Spice Extracts (black Pepper, Nutmeg, Capsicum, Ginger), Sunflower Oil Maltodextrin, Antioxidants: [E307;E304, acid:E330, colour:E120], Dried Parsley Filled Into A Natural Hog Casing], Mini Hash Brown Puffs (12.3%) [Potatoes (82%), Vegetable Oils (rapeseed, Sunflower In Varying Proportions), Potato Starch, Onion, Potato Flakes, Salt, Pea Fibre, Dextrose, Flavouring (Onion Extract), Spice J. KTC Veg Oil (1.2%) [SOYAbean Oil (produced From Genetically Modified SOYA-fully refined), Anti Foaming Agent: Dimethyl ane (E900)], Butter (MILK), Swiss Chard (0.98%). Po serving 544 kcal. ss Chard is pro ed on a site which handles Gluten, Celery and Mustard.

Tiptree Tomato ketchup: Tomatoes (180g per 100g of Ketchup), Sugar, Wine Vinegar, Lemon Juice, Salt, Spices (Onion Powder, Chilli Powder, Ground Cinnamon, Ground Cloves). Per serving 15 Tiptree Brown sauce Tomatoes, Sugar, Treacle, BARLEY Malt

Vinegar, Wine Vinegar, Apples, Sultanas, Oranges, Citrus Fibre, Salt, Tamarind, Lemon Juice, Spices (Onion Powder, Chilli Powd Ground Cinnamon, Ground Ginger, Ground Cloves). Per serving 15

Classic Bacon Sandwich ed Brown BLOOMER BREAD (65.5%) [WHEAT Flour [with Added Calcium Carbonate, Iron, Niacin, Thiamin], Water, Malteo WHEAT Flakes (9.0%), WHEAT Bran (2.3%), Yeast, Malted BARLEY Flour (1.0%), Salt, Vegetable Oils [Rapeseed, Palm], WHEAT Protein Spirit Vinegar, Emulsifiers [E471, E472(E)], Malted WHEAT Flour, Flour Treatment Agent (E300), Palm Fat, WHEAT Flour, BACON

(24.4%) [Pork (87%); Water; Salt; Antioxidant: E301; Preservat.

oduced on a site which handles Gluten, Cel

E250, E252.]]. BUTTER (7.3%) [Pasteurised Cows Cream MILK), Salt, Lactic Culturel, SWISS CHARD (2.9%), Per serving 404 kcal

Swiss Chard is pro

Optional: **Tiptree Tomato ketchup:**Tomatoes (180g per 100g of Ketchup), Sugar, Wine Vinegar, Lemon Juice, Salt, Spices (Onion Powder, Chilli Powder, Ground Cinnamon, Ground Cloves). Per serving 15 Tiptree Brown sauce Tomatoes, Sugar, Treacle, BARLEY Malt Vinegar, Wine Vinegar, Apples, Sultanas, Oranges, Citrus Salt, Tamarind, Lemon Juice, Spices (Onion Powder, Chilli Powde

Fibre (Psyllium), Thickener: Hydroxypropyl Methyl Cellulose; SOYA er Oil, Yeast, Extra Virgin Olive Oil 0.9%, Salt Acids: Citric Acid, Tartaric Acid].

BUTTER (7.6%) [Pasteurised Cows Cr

Bacon Roll (GF Ciabatta Roll)

on ([Pork (87%); Water; Salt; Antioxidant: E301; Pres E250, E252.]], GF Ciabatta (38.2%) [Maize Starch, Water, Sour

e and Lupin.Swiss Chard is produ which handles Gluten, Celery and Mustard. Tiptree Tomato ketchup: Tomatoes (180g per 100g of Ketchup), Sugar, Wine Vinegar, Lemon Juice, Salt, Spices (Onion Powder, Chilli Powder, Ground Cinnamon, Ground Cloves). Per serving 15 kcal. Tiptree Brown sauce Tomatoes, Sugar, Treacle, BARLEY M

egar, Wine Vinegar, Apples, Sultanas, Oranges, Citrus Fibre, t, Tamarind, Lemon Juice, Spices (Onion Powder, Chilli Pow Ground Cinnamon, Ground Ginger, Ground Cloves). Per serving 15

Plain porridge: Semi Skimmer MILK, Mornflake OATS (OATflakes).

Porridge with banana and honey: Semi Skimmer MILK, Bananas,

lture 0.01%], Swiss Chard (3.1%). Per serving 367 kc

Mornflake OATS [OATflakes], Honey. Per serving 420 kcal.

May contain wheat, barley Cinnamon Cruffin Cinnamon Cruffin (100%) [White Strong Bread Flour (White WHEAT Flour With Added Calcium Carbonate, Nicotinamide, Ir And Thiamine, WHEAT), Water, Butter Laminating (MILK), MILK

Whole, Caster Sugar, Soft Light Brown Sugar, Butter MILK)
Unsalted (MILK), Yeast Bakers Compressed, Cinnamon Grou 0.92%, Salt, Table, BARLEY Malt Flour (WHEAT)]. Per serving 224

May contain traces of Eggs, Fish, Soya, Sulph

Porridge

Rest of the day Bangers & Mash Mashed Potatoes (36%), Onion Gravy (32%), Park and Leek Sausage (27%), Savoy Cabbage (5%). Mashed Potatoes conta (Potatoes (Preservative: SULPHITES), Butter (MILK, Salt), MILK

Water). Yeast Extract. Salt. Lemon Juice Concentrate. Beef Fat). Modified Waxy Maize Starch, Rapeseed Oil, Worcester Sauce (Mo Vinegar (BARLEY), Spirit Vinegar, Molasses, Sugar, Salt, Anchovie:

(FISH), Tamarind Extract, Onions, Garlic, Spice, Flavourings), Fortified WHEAT Flour*, Salt, Tomato Paste, Demerara Sugar, Ground White Pepper), Pork and Leek Sausage contains (Pork,

Water, Rusk (Fortified WHEAT Flour*, Salt , Raising Agent: Ammonium Bicarbonate), Seasoning (Salt, Dextrose, Fortified

Colour. Carmine), Green & White Leeks). Fortified WHEAT Flour'

contains: (WHEAT Flour, Calcium Carbonate, Iron, Niaci Thiamine, Folic acid). Per serving 503 kcal.

New York Deli Pretzel Roll

Double Cream (MILK), Sea Salt), Onion Gravy contains (Water Sliced Red Onion, Beef Stock (Water, Beef Stock (Beef Bone,

Shakshuka With Moroccan Spiced Bites (98%) [SHAKSHUKA MUSHROOM MIX (75%) [Shakshuka (Tomato, Red Peppers, Pe Plum Tomatoes In Tomato Juice (Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)), Onions, Tomato Purée, Olive Pomace Oil,

Shakshuka with Moroccan Bites

Garlic, Red Chilli, Smoked Paprika, Sea Salt, Coriander, Cumin, Black Pepperl, Mushroom (Mushrooms, Water, Acidity Regu (Citric Acid), Antioxidant (Ascorbic Acid)), Smoked Paprika], MOROCCAN STYLE SPICED FALAFEL (25%) [Chickpeas (Wate Chickpeas), Cauliflower, Onion, Dates, Rapeseed Oil, Potato Fla Sweet Potato, Dried Red Pepper, Garlic Purée (Water, Garlic Granules), Coriander, Lemon Juice Concentrate, Salt, Parsley, Raising Agent (Sodium Bicarbonate), Ground Coriander, Ground Paprika, Ground Cumin, Ground Cinnamon, Mint, Ground Black Pepper, Chilli Flakes]], Micro Leaf Ruby/Red Chard (2%). Per seru total 254 kcal. Made to a vegan recipe in a factory that handles Milk and Egg so may not be suitable for allergy sufferers. Add poached egg: **EGG** (24.6%) [Graded Class A Medium Free

May contain traces of Gluten, Eggs, Milk, Celery, Musta

Smoked Salmon and Scrambled Eggs

Range EGG (100%), Sunflower Oil). Per serving 320 kcal.

Freshly prepared scrambled eggs: <mark>EGGS,</mark> Semi Skimmed **MILK** (16.8%), Butter (4.7%) (**MILK**), Lemons (4.7%). Salmon (**FISH**) (96%) (Salmo salar), Salt, Sugar, Oak Smoke). Swiss Chard

Although every care has been taken to remove bones, some may remain. Swiss Chard is produced on a site which handles Gluten,

Toast with butter White Bloomer: [WHEAT Flour (WHEAT Flour, Calcium Ca Iron, Niacin, Thiamin), Water, Yeast, Salt, SOYA Flour, Preservative Iron, Nuc..., .. (E282 Calcium Propio (E282 Calcium Propionate), Emulsifiers (E472e Mono And Diacetyl Tartaric Acid Esters Of Mono And Diglycerides Of Fatty Acids),

Rapeseed Oil, Flour Treatment Agent (E300 Ascorbic Acid)]]. BUTTER (14%) [Pasteurised Cows Cream (**MILK**), Salt, Lactic

Malted Bread: [WHEAT Flour [with Added Calcium Carbon

(1.9%). Per serving 323 kcal.

Iron, Niacin, Thiamin], Water, Malted WHEAT Flakes (9.0%), WHEAT Bran (2.3%), Yeast, Malted BARLEY Flour (1.0%), Salt, Vegetable Oils [Rapeseed, Palm], WHEAT Protein, Spirit Vineg Emulsifiers [E471, E472(E)], Malted WHEAT Flour, Flour Treatment Agent (E300). Palm Fat. WHEAT Flouril. BUTTER (11.6%) [Pasteurised Co Culture]. Per serving 315 kcal. ıs Cream (**MILK**), Salt, Lo

Toasted Teacake TEACAKE (63.1%) [WHEAT Flour (WHEAT Flour, Calc Carbonate, Iron, Niacin, Thiamin), Water, Sultanas (14%), Currants (10%), Sugar, Yeast, Mixed Peel (3.8%) (Contains: Orange Peel, Glucose Fructose Syrup, Lemon Peel, Sucrose, Preservative (E202)

Acidity Regulator (E330)), Vegetable Oil (Palm, Rapeseed), Salt Emulsifier (E472e), Nutmeg, Flavouring, Flour Treatment Agent

rry Jam (27.2%): [Sugar, Stra

s. Sulphites <10pp

Tiptree Strawberry Jam: Sugar, Strawberries, Gelling Agent: Cit Pectin; Acidity Regulatory: Citric Acid. Per serving 76 kcal.

Honey: Pure Honey. Per serving 81 kcal.

(E300), Colour (E160a)].

Butter (9.7%): [Pasteurised Cows Cream (MILK), Salt, Lactic re]. Per serving 347 kcal. May contain traces of Tree nuts, Eggs, Sesame, Soya, Hazelnuts, ans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios,

Winter Berry Waffles with Greek Style Yogurt Mixed Berry Waffle (51.6%) [Dough [flour (WHEAT, Malted WHEAT), Vegetable Oil (Palm, Rapeseed), Water, BUTTER Sugar, Yeast, Whole MILK Powder, Salt, EGG Powder, Emi seed), Water, BUTTER (MILK),

(E471) antioxidant (E300) Acid (E330) Colour (E160a(lii)) Eilling

(49.5%) [Mixed Berries (69%) (Raspberries, Redcurrants,

Strawberries, Blackcurrants, Blackberries, Blueberries), Suga Modified Starch]]. <u>Greek Style Yoghurt (</u>48.4%) [Pasteurised Cow's MILK, Cream (MILK), Skimmed MILK Powder, Cultures]. Per serving

Indian Salad n Salad (100%) [CHICKPEA SALAD (29%) [Coo

Chickpeas (Chickpeas, Water), Tomato, Slow Roasted Ton (Tomatoes, Sunflower Oil, Salt, Garlic, Oregano), Salsa (Tomatoes, Water, Spirit Vinegar, Tomato Purée, Jalape

Peppers (Jalapeño Peppers, Water, Spirit Vinegar, Salt), Drie Onion, Modified Maize Starch, Sugar, Salt, Dried Red Peppe

Garlic Powder, Cumin, Preservative (Potassium Sorbate), Chilli Powder, Oregano, Black Pepper), Red Onion, Lemon Juice (Lemon Juice From Concentrate, Preservative (Potassium

METABISULPHITE), Coriander, Madras Curry Powder (Coriander, Turmeric, Rice Flour, Fenugreek, Ginger, Salt, Cu

Black Pepper, Paprika, Colour (Paprika Extract), Fennel, Nutmeg), Salt, Cracked Black Pepper], MASHED VEGETABLE CURRY (19%) [Cauliflower, Aubergine, Onion, Tomato Paste,

WHEAT Flour*, Stabiliser: Sodium Triphosphate, Preservative: Sodium SULPHITE, Flavour Enhancer: Monosodium Glutamate, Coconut Milk, Water, Garlic Purée, Ginger Purée, Light Bro Sugar, Vegetable Stock (Salt, Maltodextrin, Rice Flour, Spices (White Pepper, Black Pepper, Cauenne Chilli), Yeast Extract Antioxidant: Vitamin C, Spice Extracts (Black Pepper Extract, Nutmeg Extract, Capsicum Extract, Ginger Extract), Citric Aci Vegetables (Onion, Carrot, Parsnip), Yeast Extract, Sunflower Oil. Parsley, Turmeric), Garam Masala Powder, Rapeseed Oil, Red Chilli, Coriander, Salt, Turmeric, Black Pepper], ONION BHAJI

s Chard is produced on a site and Mustard. Made in factory that handles nuts.

Water, Rapeseed Oil, Salt, Yeast, WHEAT GLUTEN, Flour Treatment Agent (Ascorbic Acid), Acidity Regulator (Sodium Hydroxide)], PASTRAMI (18%) [Beef, Salt, Cracked Black Pepper, Stabilisers (Diphosphates, Triphosphates), Antioxidant (Sodiun Ascorbate), Preservative (Sodium Nitrite)], EMMENTAL CHEESE (14%, MILK) [MILK Salt], GHERKIN AND Mustard MAYONNAISE MIX (11%) [Mayonnaise (Rapeseed Oil, Water, Pasteurised Liquid EGG, Acidity Regulator (Acetic Acid), Sugar, Salt, Modified Starch, Stabiliser (Xanthan Gum), Acidity Regulator (Citric Acid), Preservative (Potassium Sorbate)), Gherkins (Gherkins, Wate Sugar, Spirit Vinegar, Salt, Firming Agent (Calcium Chloride), al Flavouring, Colour (Riboflavin), Dijon **MUSTARD** (Wo MUSTARD Seed, Spirit Vinegar, Salt, Preservative (Sodium Hydrogen SULPHITE)), Yellow MUSTARD (Water, Spirit Vinegar, MUSTARD Seed, Salt, Spices, Flavourings)]], Micro Leaf Ruby/Re Chard (2.7%). Per serving 377 kcal. n traces of Celery. Although e to remove all bones, some may remain. All The Trimmings Curry & Rice Curry Sauce (38%) (Water, Onion, Lentil Protein Cre nut Cre am, Sugar, Rapeseed Oil, Gluten Free SOY Sauce (Water, SOY Beans, Salt, Spirit Vinegar), Curry Powder (Coriander

Festive Afternoon Tea FESTIVE AFTERNOON TEA FINGER SANDWICHES (52.8%): CURRIED EGG ON MALTED BREAD: Malted Bread [WHEAT Flor

(WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted WHEAT Flakes, Yeast, BARLEY Malt Flour, Salt, Emulsifier

(Mono And Diacetyl Tartaric Acid Esters Of Mono And Diglycerides

Of Fatty Acids), Preservative (Calcium Propionate), BuckWHEAT Flour, Rapeseed Oil, Flour Treatment Agent (Ascorbic Acid)), free range hard boiled EGG (9%) [EGG, Preservative (Water, Citric Acid, Trisodium Citrate]], coronation mayonnaise (5%) [Rapeseed Oil, Pasteurised Liquid EGG, Water, Acidity Regulator (Acetic Acid), Sugar, Korma Spices (Turmeric Powder, Ground Curnin Seeds, Cayenne Chilli Powder, Coriander Powder, Ground Pimento, Chil Powder, Ground Cinnamon, Black Pepper, Salt, Comflour, Garlic Powder, Herbs (Oregano, Marjoram, Ground Bay Leaues), Colours (Paprika Extract, Turmeric Extract), Tomato, Salt, Worcester Sauce (Malt (BARLEY) Vinegar (BARLEY), Water, Spirit Vinegar, Tamarind Paste, Sugar, Colour (Caramel), Onion Powder, Garlic Powder, White Pepper, Cloues, Paprika), Stabiliser (Xanthan Gum), Curry Flavouring, Preservative (Potassium Sorbate), Stabiliser (Guar Gum), Spice Extract), Red Onion, Mango Chutney (Sugar, Mango Salt, Acidity Regulator (Acetic Acid), Garlic, Ginger, Chilli), SULTANAS (1%) (Sultanas, Sunflower Oil) CRANBERRY SAUCE AND BRIE CHEESE ON WHITE BREAD: White Bread [WHEAT Flow (WHEAT Flow, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Salt, Emulsifiers (Mono And Diglycerides Of Fatty Acids, Mono And Diacetyl Tartaric Acid Esters Of Mono And Diglycer Of Fatty Acids), Preservative (Calcium Propionate), Rapeseed Oil, Flour Treatment Agent (Ascorbic Acid)], Brie Cheese (11%, MILK) [Pasteurised Cow's MILK, Salt, Lactic Cultures, Microbial Rennet Cranberry Sauce (4%) [Cranberries, Sugar, White Wine Vinegar, Sweet Orange Pulp, Orange Zest], Rocket (3%) TURKEY AND STUFFING MAYONNAISE ON MALTED BREAD: Malted Bread [WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted WHEAT Flakes, Yeast, BARLEY Malt Fl Salt, Emulsifier (Mono And Diacetyl Tartaric Acid Esters Of Mono And Diglycerides Of Fatty Acids), Preservative (Calcium Propionate), Buckwheat Flour, Rapeseed Oil, Flour Treatm Agent (Ascorbic Acid)), Cooked Pulled Turkey (11%) [Turkey, Water Salt, Pea Starch, Stabilisers (Triphosphates, Diphosphates), Gelling Agent (Ascoroic Acia), Cooked Pulled Turkey (11%) (Turkey, v Salt, Pea Starch, Stabilisers (Triphosphates, Diphosphates), G Agent (Carrageenan)], Sage And Onion Stuffing (8%) [Water, Breadcrumb (WHEAT Flour (WHEAT Flour, Calcium Carbonate Iron, Niacin, Thiamin), Yeast), Rusk (WHEAT Flour (WHEAT Flour Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Or OATS, Salt, Sage, Parsley], MAYONNAISE (4%) (Rapeseed

Water, Pasteurised Liquid EGG, Acidity Regulator (Acetic Acid)

Sugar, Salt, Modified Starch, Stabiliser (Xanthan Gum), Acidity

(28%) (Sultanas, Raisins, Sunflower Oil), Apple (24%) (Apples

at 44% (Vine Fr

CRUMBLE TOPPED MINCE PIE (26%) [Mir

ative: Acetic Acid), Sugar, Glucose Fructose Syrup, Candie Mixed Peel (3.4%) (Orange Peel, Glucose Fructose Syrup, Sugar, Lemon Peel, Acidity Regulator: Citric Acid), Vegetable Suet (2.5%) (Palm Oil, Rice Flour, Sunflower Oil), Modified Maize Starch, Mixed Spices, Acidity Regulator: Citric Acid, Colour: Plain Caramel, Orange Oil), Sweet Pastry Case 38% ((WHEAT Flour (WHEAT Flo Calcium, Niacin, Iron, Thiamin), Water, Rapeseed Oil, Palm Oil, Palm Stearin, Sugar, Skimmed MILK Powder, Salt, Raising Agents ate, Calcium Carbonate)), Crumble Topping 17% (Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, ain), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Sc (2%), Emulsifier: Polyglycerol Esters Of Fatty Acids, Colours Curcumin, Annatto Bixin, Flavouring), Sugar, Sugar (Sugar And sses)), Dextrose ((**WHEAT**), Cornflour, Vegetable Oil)] ORANGE & CRANBERRY SHORTBREAD (19.5%) [WHEAT Flou (WHEAT, Calcium, Iron, Niacin, Thiamin), Butter (MILK, Salt), Cranberries 13% (Sugar, Sunflower Oil), Sugar (Or Sucrose), Na nge Flavouring 0.4%]. MICRO LEAF RUBY/RED CHARD (1.7%). Per serving 766 kcal May contain traces of Peanuts, Celery, Mustard, Soya, Sulphi Hazeinuts, Pecans, Almonds, Cashews, Walnuts, Brazil Nuts, Apple & Blueberry Crumble APPLE & BLUEBERRY CRUMBLE (75.8%) [Apples, Blueberries n Rice Flour, White Rice Flour, Maize Starch, Tapioca Starch, Maize Flour, Buckwheat Flour), Butter (MILK) Unsalted (MILK), Soft Light Brown Sugar, Caster Sugar , Gluten Free Rolled Jumbo OATS Sugar Demeran Lemon Juice, Corn Flour, Cinnamon Ground, Nutmeg Ground), CORNISH CLOTTED CREAM (24.2%) [Cornish Cows MILK]. F

May contain traces of Eggs, Fish, Soya, Sulphites, Wheat. Every care has been taken to remove fruit pits, however, small fragmer Warm Mince Pie with Cotted Cream le Topped Mince Pie (60%) [Mincemeat 44% (Vine Fru (28%) (Sultanas, Raisins, Sunflower Oil), Apple (24%) (Apples, Preservative: Acetic Acid), Sugar, Glucose Fructose Syrup, Can Mixed Peel (3.4%) (Orange Peel, Glucose Fructose Syrup, Sugar, Lemon Peel, Acidity Regulator. Citric Acid), Vegetable Suet (2.5%) (Palm Oil, Rice Flour, Sunflower Oil), Modified Maize Starch, Mixed Spices, Acidity Regulator: Citric Acid, Colour: Plain Caramel,

Orange Oil), Sweet Pastry Case 38% ((WHEAT Flour (WHEAT Flour)) Calcium, Niacin, Iron, Thiamin), Water, Rapeseed Oil, Palm Oil, rin, Sugar, Skimmed MILK Powder, Salt, Raising A (Disodium Diphosphate, Calcium Carbonate)), Crumble Toppina 17% (Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt (2%), Emulsifier. Polyglycerol Esters Of Fatty Acids, Colours: Curcumin, Annatto Bixin, Flavouring), Sugar, Sugar (Sugar A Cane Molasses)), Dextrose ((WHEAT), Cornflour, Vegetable Oil)], CLOTTED CREAM (40%) [Cornish Cows MILK]. Pe

al. May contain traces of Hazelnuts, Pecans, Almonds, s, Walnuts, Brazil Nuts, Pistachios, Maca

d around 2000 kcal a day.

erving 481 kcal

(19%) [Onion, Gram Flour (Yellow Split Pea, Channa Dall), Rapeseed Oil, Lemon Juice, Salt, Cumin Powder, Coriande Powder, Cumin Seed, Ajwain Seed, Garam Masala (Coriander Cumin, Cinnamon, Ginger, Black Pepper, Clove, Nutr Cardamom, Bay Leaf, Chilli Powder), Chilli Powder, Turmeric, Black Pepper, Baking Powder (Mono Calcium Phosphate, Comstarch, Sodium Bicarbonate)], SPINACH (12%), CARROT AND CABBAGE PICKLE (12%) [Carrot, Red Cabbage, Sugar White Wine Vinegar (White Wine Vinegar, Antioxidant (Sodium METABISULPHITE))), CORIANDER VEGAN MAYONNAISE (10%) [Vegan Mayonnaise (Rapeseed Oil, Water, Sugar, Spirit Vines Salt, Modified Waxy Maize Starch, Stabiliser (Xanthan Gum), Flavouring, Colour (Carotene), Antioxidant (Calcium Disodium EDTA)), Red Onion, Coriander]]. Per serving 316 kcal. May contain traces of Gluten, Eggs, Milk, Celery, Mustard, Sesame, Soya, Hazelnuts, Pecans, Almonds, Cashews, Walr Brazil Nuts, Pistachios, Macadamias. Made to a vegan recipe in a factory that handles Milk and Egg so may not be suitable for West Coast Cheeseboard West Coast Cheese Plate (61.6%) [RED FOX CHEESE (Pasteurised Cow's MILK PDV Salt, Starter Culture, Co Annatto Norbixin E160b (Ii), Microbial Rennet) BLACKSTONE VINTAGE CHEDDAR CHEESE (Pasteurised Cow's MILK Salt Contains Anti Caking Agent Sodium Ferrocyanide, Vegetari Rennet, Starter Culture) CROXTON MANOR LANCASHIRE CHEESE (Pasteurised Cow's MILK Starter Culture, PDV Salt Microbial Rennet). Crispbread (MILK RYE Flour, WHEAT Flour (WHEAT Flour, Calcium, Iron, Thiamine, Niacin), Sourdough (RYE Flour (WHEAT), Water), Wholemeal WHEAT Flour, Honey, Salt) Semi Dried Tomatoes (Semi Dried Tomatoes, Sunflower Oil, Salt, Garlic Flakes, Oregano, Preservative: Patassium Sorbate) Country Garden Chutney (Vegetables (Onion, Carrot, Turnip, Parsnip), Raw Cane Sugar, Cider Vinegar, Apric Bramley Apples, Tomato Puree, Sultanas, Garlic Pure, Sea Salt, Tamarind Paste, MUSTARD Flour), Red Chillies, Ground Ginge

E221 (SULPHITES), Sugar, Flavour Enhancer E621, Flavourings, Antioxidant E301, Colour: Ammonia Caramel), Swede, Poto Salted Butter (MILK) [MILK]. Semi Skimmed MILK. Sea Salt, White Pepper], Haggis Sauce (14.1%) [Water, Double Cream (MILK) [MILK], Onion, Beef Stock (Water, Beef Stock (Beef Bo

Water), Yeast Extract, Solt, Lemon Juice Concentrate, Beef Fot), Modified Waxy Maize Starch, Plain Flour (WHEAT Flour, Calcium Carbonate (E170), Iron, Nicotinamide (Vit B3), Thiamine

Although every care has been taken, some fruit stones may

Flour, Rice Flour, Sustainable Palm Fruit Oil, Tapioca Starch Maize Starch, Raising Agent: Ammonium Carbonates, Brou

409 kcal. May contain traces of Celery, Mus Fish, Chip & Pea Pie FISH. Chip & Pea Pea (92.9%) [Processed Peas (28%) [Water, Sugar, Salt, Colours (Copper Complexes Of Chlorophylls, Mixed Carotenes]), Pre Cooked Potato Wedges In Oil (27%) [Potatoes, Rapeseed Oil, Salt, Onion, Stabiliser (Diphosphates), Flavouring Smoke Flavouring, Spices)), Haddock (FISH) (23%), Pastry Puff (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin Thiamine), Margarine (Palm And Rapeseed Oil, Water, Salt), Water, Preservative (Potassium Sorbate)), White Mild Chedda (Cheddar Cheese (MILK Salt, Starter, Rennet), Potato Starch), Distilled Malt (BARLEY) Vinegar (Water, Malted BARLEY/Torrefied BARLEY), Salt, Ground Paprika, Gro Pepper J, Lemon Wedge (5.8%) [Fresh Whole Lemons], Leaf Ruby/Red Chard (1.3%). Per serving 418 kcal. re Sauce (31 kcal): Rapeseed Oil, Wate Gherkins 8% (may contain Firming Agent Calcium Chloride)

Thickeners Xanthan Gum, Gu

May contain traces of Celery, Mu

Sea Salted Crisps

Veaetarians and Veaans.

Sea Salt Vegetable Crisps

Mixed Root Vegetables In varying propo

onds Casheus Walnuts Brazil Nuts Pistachios mias. Every care has been taken to rem

tatoes, Cold Pressed Rapeseed Oil, Sea Salt. Per serving 217 al. **Gluten Free. Produced in a nut-free facility. Suitable for**

Chips and Dips Chips (100%) [SALTED TORTILLA CHIPS (Com Flour (799 Sunflower Oil, Salt) TOMATO SALSA MEXICANA (Tomato (50%), Water, Tomato Puree (7%), Spirit Vinegar, Modified Maize Starch, Jalapeno Peppers (jalapeno Peppers, Water, Distilled Vinegar, Salt] (2%), Dried Onion, Sugar, Salt, Dried Red Pepper, ic Powder, Cumin Powder, Preservative: Potass

Sweetcorn (25%), Sugar, Spirit Vinegar, Modified Maize Starch,

Beetroot) 61%, Cold Pressed Rapeseed Oil, Sea Salt]. Per se

Luxury Chocolate Bar Couverture Dark Chocolate (99%) (Cocoa Mass, Sugar, Dried Gluten Free OAT Powder, Cocoa Butter, Dried Rice Powder, Emulsifier: Sunflower Lecithin, Vanilla Extract), Miso (SOYA)

Powder (<1%) (SOYbean, Rice, Salt, Vitamin B2), Natura Caramel Flavour (<1%)]. Per serving 85 kcal. May contain traces of Peanuts, Eggs, Milk, Wheat, Hazelnut Pecans, Almonds, Cashews, Walnuts, Brazil Nuts, Pistachios,

May contain traces of Peanuts, Eggs, Soya, Sulphites, Ha Cashews, Walnuts, Brazil Nuts, Pistachios, Macadamias.

Cumin, Turmeric, Fenugreek, Cassia, Black Pepper, Ginger, Nutmeg, Cloues, Salt), Modified Maize Starch, Red Chilli Pun Lime Juice (SULPHITES), Ginger, Garlic Puree, Basil, Salt, Lime Zest), ati Rice (36%), Cauliflower Florets (11%), Parsnips outs (7%)], Micro Leaf Ruby/Red Chard (1.2%). Per servino Ground Cinnamon, Ground Allspice, Ground Black Pepper) Dried Apricots (Apricots , Preservative: SULPHUR DIOXIDE (SULPHITES))], Green Grapes (32.4%) [Fresh Whole Grapes This product is produced in a facility which handles Nuts, Giuten, Celery, Mustard therefore may contain traces of Gluten, Celery, ceiery, Mustard therefore may contain traces of Giuten, Ceiery, Mustard, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil Nuts, Pistachios, Macadamias. White Seedless], Estate Dairy Butter (5.4%) [Pastuerised Co Cream (MILK), Salt, Lactic Culture], Micro Leaf Ruby/Red C (0.54%). Per serving 650 kcal. May contain traces of Celeny, Hazelnuts, Pecans, Almond Cashews, Walnuts, Brazil Nuts, Pistachios, Macadamias.

Haggis, Neeps & Tatties (84.7%) [Haggis (33%) (Lamb Offal, OATMEAL Onion, Beef Suet, Heart Seasoning (Wheat), SOYA Dextrose, Groats, Nutmeg, Colour (E150) Salt, Rusk (WHEAT Flour, Salt, Raising Agent E503), Emulsifier E451(I), Preservati

Rice Syrup, Sea Salt. Per serving 31 kcal.

Haggis, Neeps & Tatties

Optional

Hydrochloride (Vit B1)), Rapeseed Oil, Garlic Puree, Sugar, Sea Salt, Malt (BARLEY) Extract (Malted BARLEY, Water), Thyme, Black Pepper], Micro Leaf Ruby/Red Chard (1.1%). Per serving Capers 6%, Modified Starch, Salt, EGG Yolk Powder

Chili Powder, Oregano, Black Pepper) Gherkin Relish (Gherkin (40%), Sugar, Water, Onions, Modified Maize Starch, Salt, MUSTARD Seeds, Ground Ginger, Turmeric) SWEETCORN RELISH (Water,

Red Peppers, Salt, Lemon Juice Concentrate, Tur Preservative: Potassium Sorbate, Dill Powder, Chili Powder Garlic Powder)]. Per serving 204 kcal.

Produced on a site which handles Nuts an

Dried Onion

Orange & Cranberry Shortbread