

# Menu

For allergens and full product ingredients, please speak to a member of the onboard team.

## Breakfast

### Ham & Cheese Croissant Breakfast Box

576 kcal

Ham & Emmental cheese croissant with a strawberry yoghurt and muesli bar.

### Notzarella & Tomato Pretzel Roll VG

491 kcal

Vegan mozzarella & tomato pretzel roll with a summer berry bircher and muesli bar.

### Drinks

Tea / Coffee

Still Water / Sparkling Water / Orange Juice

## Rest of the day

### Smoked Ham & Egg Sandwich

512 kcal

A ham & egg butty with British smoked ham and free-range eggs (that goes for the mayo too).

### Coronation Chickpea Salad VG

412 kcal

A coronation chickpea salad with bulgur wheat, sultanas, apricot and red pepper before topping it off with a madras dressing.

### Cheese & Crackers Selection V GF

259 kcal

There's a selection of British cheeses to try with gluten-free crackers and some tasty chutney to top it all off.

### Nibbles

Lightly Salted Crisps, Chocolate Uglie

### Drinks

Tea / Coffee

Still Water / Sparkling Water / Pepsi / Pepsi Max / Lemonade

