Tuck in!

Hot and Cold Eats

Bacon Roll 373 Kcal		● £4.30
Gluten Free Bacon Roll 315 Kcal	GF	● £4.40
BLT Sandwich 479 Kcal		● £4.30
Cheddar Cheese Ploughman's Sandwich 417 Kcal	V	● £4.30
Chicken Caesar Salad Sandwich 323 Kcal		● £4.70
Classic Cheeseburger 615 Kcal		● £4.70
Falafel Flatbread 418 Kcal	VG	● £4.60
Free Range Egg & Tomato Sandwich 447 Kcal	V	● £4.20
Ham Hock & Smoked Cheddar Sandwich 594 Kcal		● £4.30
Porridge Golden Syrup 254 Kcal	V GF	● £3.00
Porridge No Added Sugar 233 Kcal	V GF	● £3.00
Stone Baked Pizza 284 Kcal	V	● £4.70
Tuna Crunch Sandwich 330 Kcal		● £4.20

Sweet Snacks & Confectionery

Twix		● £1.30
KitKat		● £1.30
Cadbury Dairy Milk		● £1.30
Gold Billions Wafer Bar		● £1.30
Tony's Chocolonely Bar		● £1.70
Rice Cakes	VG GF	● £2.20
Kind Protein Bar		● £2.20
Yumma - Raspberry Twist		£3.90
Maltesers		£3.50
Trebor Extra Strong Minis Peppermint		● £1.20
Banana		● £0.90

Savoury Snacks

Quavers		● £1.50
Tyrrells Crisps Lightly Sea Salted	GF	● £1.60
Tyrrells Crisps Mature Cheddar & Chive	GF	● £1.60
Tyrrells Crisps Sea Salt & Cider Vinegar		● £1.60
Mini Cheese Bakes	GF	● £1.70
Just Crisps Sweet Chilli	VG GF	● £1.50
Proper Chips Barbecue	VG GF	● £1.40
Popcorn	VG	● £1.70
Pringles Sour Cream & Onion		● £2.10

Bakery

Jammie Dodgers Giant		● £1.60
Half the Story Choc Chip Shortbread		● ● £1.70
Pain Au Chocolat	V	● £2.40
Chocolate Brownie	GF	● £2.60
Fruit Cake		● £2.60
Lemon Drizzle Flapjack	VG GF	● £2.60

Hot Drinks

30p off hot drinks when you bring a reusable cup‡

Americano* 11 Kcal	● ● £3.50
Cappuccino 114 Kcal	● ● £3.70
Flat White 106 Kcal	● ● £3.70
Latte 123 Kcal	● ● £3.70
Mocha 208 Kcal	● ● £3.80
Espresso 8 Kcal	● ● £3.10
Decaf Coffee* 1 Kcal	● ● £3.10
Breakfast Tea* 1 Kcal	● ● £2.90
Decaf Breakfast Tea* 1 Kcal	● ● £3.00
Earl Grey Tea* 1 Kcal	● ● £3.00
Green Tea 1 Kcal	● ● £3.00
Peppermint Tea 1 Kcal	● ● £3.00
Hot Chocolate 194 Kcal	● ● £3.50

Cold Drinks

Wenlock Spring Water Still 500ml	● £2.10
Wenlock Spring Water Sparkling 500ml	● £2.10
San Pellegrino 330ml	● £2.10
Tropicana Orange Juice 250ml	● £2.60
Robinsons Real Fruit 500ml	● £2.60
Coke 330ml	● £2.20
Coke Zero 330ml	● £2.10
Sprite 330ml	● £2.10
Red Bull Zero 250ml§	● £2.30

Alcohol served to customers 18+

Grolsch 440ml	● £4.40
Peroni Nastro Azzurro 330ml	£4.90
Meantime IPA 330ml	£4.90
Tilting Ale 440ml	£4.90
Cornish Orchards Cider 440ml	● £4.50
Estrella Damm 0.0% 330ml	£3.90
Wine 187ml	● £5.10
Prosecco 200ml	● £6.50
Pre Mixed Spirits 250ml	£5.10

● **£4.20 Hot drink + cake deal**
● **£6.80 Meal deal or £8.80 with an alcoholic drink†**
● **4 for £14.00 deal - Grolsch & Cornish Orchards Cider**
● **2 for £9.50 - 187ml Wine**
● **2 for £11.50 - Prosecco**

V VEGETARIAN VG VEGAN GF GLUTEN FREE

Adults need around 2000 Kcal a day.
Some of our foods contain nut traces, so we can't guarantee any products are nut free.
Everything is subject to availability. Receipts are available on request and all prices shown include VAT.
*Additional semi skimmed milk 5 Kcal per 10ml portion.
†Excluding Prosecco.
‡Must comply with safety guidelines. All cups must have a secure fitted lid and stable base.
§Not for sale to persons under 16 years of age. Proof of age may be required.

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AVANTI WEST COAST