

Menu

AVANTI
WEST COAST
FIRST





Breakfast

**Smoked Salmon & Cream Cheese
on Rye Bread** (324 kcal)

Porridge Bowl **V** **GF** (232 kcal)

Served with a choice of toppings.

Drizzle of honey (312 kcal)

Cranberry and pumpkin seed mix (321 kcal)

Fresh Fruit Salad Bowl **VG** (34 kcal)

A selection of freshly prepared seasonal fruit.

Freshly Baked Pastries **V**

Chocolate Babka Pistachio Knot (312 kcal)

Apricot Danish (173 kcal)

Plain Croissant (340 kcal)

Red Leicester & Chive Scone **V** (491 kcal)
with cultured butter

Choc Chip Banana Bread **VG** (326 kcal)

Apple & Cinnamon Muffin **V** (434 kcal)

Breakfast Muesli Bar **VG** **GF** (308 kcal)

Adults need around 2000 kcal a day.

Kcal information provided is per serving/portion.

V Vegetarian

VG Vegan

GF Gluten Free



View calories, allergens and ingredients online

Simply scan this QR code to view on your mobile device.

If you need assistance viewing our allergens and ingredients menu, then please speak with a member of the onboard team who'll be happy to help.



Rest of the day

Charcuterie Grazing Plate (558 kcal)

A delicious plate of Milano salami, Iberian chorizo, Mrs Kirkham's Lancashire cheese, Red Leicester cheese and basil & garlic Halkidiki olives. Served with Rubies in the Rubble West Coast apple chutney and sourdough & charcoal crackers.

Sour Cream & Onion Popchips **V** **GF** (60 kcal)

Garlic & Basil Olives **VG** (60 kcal)

Red Leicester & Chive Scone **V** (491 kcal)

With cultured butter.

Choc Chip Banana Bread **VG** (326 kcal)

Chocolate Brownie **V** **GF** (272 kcal)

Cream Tea **V** (631 kcal)

A traditional fruit scone with clotted cream and strawberry & rosewater jam.

Mini muffin loaf cakes **V** (140 kcal)

Shortbread Biscuit **V** (228 kcal)

Handmade, hand-wrapped, melt in the mouth shortbread. Made in North Wales, just a stone's throw from the railway line.

Salted Caramel Popcorn **V** (72 kcal)

Bakewell Tart **V** (306 kcal)



Drinks

Barista Coffee:

8oz Americano (5 kcal)

8oz Cappuccino (129 kcal)

8oz Flat White (94 kcal)

8oz Latte (129 kcal)

8oz Mocha (125 kcal)

8oz Americano White (28 kcal)

6oz Espresso (5 kcal)

8oz Decaf Coffee (0 kcal)

8oz Hot Chocolate (224 kcal)

Fresh Semi-skimmed Milk 20ml (10 kcal)

Speciality Teas (1 kcal)

Wenlock Still or Sparkling Water (0 kcal)

Cawston Press Orange or Apple Juice (120 kcal)

Pepsi Max (1 kcal)

Fever Tree Lemonade (52 kcal)

Fever Tree Ginger Ale (27 kcal)

Fever Tree Tonic (42 kcal) or Light Tonic (23 kcal)

Remedy Raspberry Lemonade Kombucha
(7 kcal)

The Pickle House Spiced Tomato Mix (40 kcal)



From the bar

Spirits	25cl	50cl
Vodka	£4.70	£8.90
The Lakes Vodka	£5.80	£10.50
Bombay Sapphire Gin	£4.70	£8.90
Forest Gin	£6.30	£10.50
Whitley Neill Rhubarb & Ginger Gin	£5.30	£9.50
Famous Grouse Whisky	£4.70	£8.90
The Lakes One Fine Blended Whisky	£5.80	£10.50
Johnnie Walker Red Label	£4.70	£8.90
Bacardi Rum	£4.70	£8.90
Havana Club 7yr Rum	£5.80	£10.50
Cockburn's Fine Ruby Port	£4.80	£9.40
Courvoisier	£5.30	£9.50

Cocktails	25cl	50cl
Bloody Mary	£4.70	£8.90

Beers	330ml
Camden Hells Lager	£4.50
Camden Pale Ale	£4.50
Caple Road Cider	£4.20

	440ml
Tilting Ale	£4.50

Wines	125ml	200ml	250ml	750ml
Pinot Grigio	£3.80	-	£6.80	£17.50
Chenin Blanc	£4.20	-	£7.40	£19.00
Sauvignon Blanc	£4.20	-	£7.40	£19.00
Shiraz	£4.20	-	£7.40	£19.00
Malbec	£4.40	-	£7.90	£20.00
Garnacha Rosado	£4.00	-	£6.80	£17.50
Prosecco	-	£6.50	-	-
La Besserat Grande Champagne	-	-	-	£32.00

Suppliers along our route

We've teamed up with a lovely bunch of local suppliers, handpicked to deliver some of your delicious and responsibly sourced refreshments onboard and in our lounges. Most can be found along our route which helps to reduce our footprint, minimise food waste and work together on more sustainable packaging.



Our supplier stories

London Borough of Jam

When tasting their handmade preserves, you will always taste the fruit first followed by natural sugars and a special complementary flavour. That's because since 2011, founder Lillie O'Brien has made sure to only use unrefined sugars and no commercial pectins. Their products are also dairy-free and totally vegan! Try their strawberry and rosewater jam with cream tea.

Brew Tea Co.

Founded by husband-and-wife team Phil and Aideen Kirby, they create all our lovely teas in their Tea HQ over in Manchester. Treat yourself to one today.

Forest Distillery

This unique distillery is based out of a 17th century barn, nestled 1200ft above sea level in the Peak District National Park. We've collaborated with the team at Forest Distillery to create a unique gin blend which can be found in First Class called Forest to First. Try some today with a dash of refreshing tonic.

The Pudding Compartment

Not far from our tracks in North Wales, Steve and the team at The Pudding Compartment are busy creating the apple and cinnamon muffin, lemon shortbread and choc chip banana bread for our lounges, plus cakes and biscuits served on board and in our shop. They support many other businesses in the area by buying lots of their ingredients locally.

Euston FCL